

Attendance Policy

Coaches set up practice workouts based on a specific number of athletes in attendance. If an athlete fails to appear at practice or a race, last minute changes consume precious time, and if several athletes fail to attend, the result may be a canceled practice or a missed race for the rest of the team.

- Athletes are required to attend all regatta and competitions.
- Athletes must arrive on time to practices, races, and any other scheduled MHRC event. Those who are late will not be placed in a boat.
- Consistent absence from practice is grounds for dismissal from the team.
- Parent/Guardian email notification at absent@milehighrowing.org may excuse an illness or injury.
- Written doctor's release forms may be required to return to practice after missing more than three days of practice due to illness, injury, or surgical procedure.
- Known absences such as family vacations and other standing commitments need to be sent to: absent@milehighrowing.org at least two weeks prior to the absence for it to be considered for possible excusal. Just sending the email does not make it excused. You will be notified if your request has been approved.
- Three unexcused absences will be considered grounds for possible dismissal from the team or suspension from regattas. If proper notification of an athlete's absence is not received, the coach determines the penalty.
- Except for observed Religious Holidays, there are no scheduled holidays for crew practice. Any other days off are at the coaches' discretion. Try to schedule family vacations around practice or and race days. Attendance at practices is required during spring break.
- Participants are responsible for their own transportation, to and from the Marina for practices and in-state races. MHRC is in no way liable for any members or guests once they leave the Marina or race site after, or during, practices or races.
- Parents: please make sure you have made arrangements for your athlete to be picked up on time at the end of practice.
- Participation in regattas is required and is a firm commitment of anyone who registers for our programs. Please refer to the guidelines for individual seasons for regatta requirements.
- IF AN ABSENCE IS UNAVOIDABLE, PARENTS SHOULD SEND AN EMAIL TO: absent@milehighrowing.org. Email absence notices from athletes are not accepted unless a parent is copied on the email.